

TEMPLE BETH O'R/BETH TORAH
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Happy Hanukkah!

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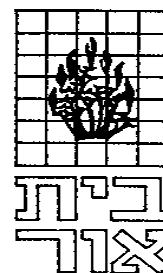
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TEMPLE BETH O'R/BETH TORAH
BETH REPORTER
KISLEV / TEVET 5772 DECEMBER 2011



Temple Beth O'r/Beth Torah
presents
*A Dinner Theatre Murder
Mystery*

"A WILL TO KILL"

Saturday, December 3, 2011 @ 7:00 pm

Enjoy a sumptuous Chinese dinner.

The Great Chef Sal Ladd is terminally ill. Someone in the family has...
"A Will To Kill." There are suspicious goings on.
Hear the reading of the will. Did he leave you anything?

Help solve the mystery! Who did the heinous crime?

<u>"A Will To Kill" - SPONSOR/ TICKET ORDER FORM</u>	
Enclosed please find my check totalling \$	Please print
• ____ Sponsor @ \$180 each \$ ____	Name ____
(Sponsor receives 2 tickets, free 50/50 ticket, name and/or ad in Playbill, reserved seating)	Company ____
• ____ General Admission Ticket @ \$30 each \$ ____	Address ____
• ____ Senior/Student Ticket @ \$20 each \$ ____	City ____
• I cannot attend but wish to contribute \$ ____	State/Zip ____
Please make check payable to TBO/BT. Visa and MasterCard accepted. RSVP by Nov. 30.	Telephone ____
	Email ____

FROM THE CANTOR



There has been some discussion, in recent days, on the subject of superluminal velocity, that is to say, whether there are in fact particles that can travel faster than the speed of light. Now, I'm no physicist, and I've never even attempted to comprehend any of Einstein's theories on relativity. But I've been reading lately in the popular press of experiments conducted in this field, suggesting that certain particles called neutrinos may have been shown to have traveled faster than the speed of light, and that evidence of such superfast particles would contradict the basic laws of nature as put forth by Einstein, and would, in theory at least, open up new possibilities for time travel.

On some very basic level, I think I'm rooting for these new findings to be refuted. It's not that I'm against time travel per se. Rather, I feel that things already move too fast, so what would be the point of going even faster? Let's take a look at the issue of time. I seem to be having a lot of conversations lately with many who lament that time just seems to be traveling too fast. Remember how long a year took when you were a child. It was almost an eternity. From 9 years of age to 10 took a really long time. And now, later in life, the year seems to fly by, almost at the speed of light. So why wish for there to be the possibility of it going even faster?

The real question is, of course, how to slow time down. From my perspective, the Sabbath is a partial antidote, a welcome decelerator that causes us and everyone and everything around us to move more slowly, from Friday to Saturday evening. It certainly seems to me to be a longer 24 hour period than say Monday, Tuesday, or any other day of the week. (Actually the Sabbath is a 25 hour period, but that's another matter.) But taking it a step further, how can we slow down the entire week, or month, or year, to make time feel as if it were passing more slowly?

I think there are two ways. The first is to really savor each moment. Moving from our chronically multi-tasking world to a more uni-tasking one, to the extent possible, is a good start. Be more mindful of the pleasures, even the very simple ones, especially the

very simple ones, in each and every moment. And secondly, I've read that according to some recent research, the more we do that is different and special, rather than merely routine, the more we will sense that time has been stretched and slowed. (Ironically, by going faster, close to the speed of light, I'm told, we can also slow time...but that's a discussion I'll leave for the more scientifically astute).

Later this month, we will kindle the lights of the Hanukkah menorah. By then, the great scientific minds of our day may well reach a consensus on the matter of the relative speed of light and of neutrinos. I don't anticipate that I will be pondering this issue when I recite the Hanukkah blessings. I hope, rather, that I will succeed in slowing down time by finding meaning in the moment, in the kindling of lights commemorating the miracle of old, when the faith and courage of our ancestors brought light and hope to the Temple, to Jerusalem, and to our people.

May this Hanukkah be a time of joy and meaning for you, your family, and for our entire community.

Chag Sameach,

Cantor Steven Stern

Are you missing out?

If you are not currently on the TBO/BT email list, please notify the office and you'll begin to receive timely information each week about our exciting programs that will keep you in the loop.

Don't miss out!

"Intimate Conversations"

at the Bayit, 117 John St.

Saturday, January 14,

at 7:00 pm,

with Havdalah, refreshments, and
discussion with Israeli Emissary
Natalie Elgrabi.

RSVP with the temple office.

THE TBO/BT FAMILY EXTENDS MAZEL TOV TO:
 Joleen & Bob Fridson on the engagement of their son Marc to Erica Silverstein
 Michael Shulman on passing the New York Bar
 CONDOLENCES TO
 Arnold Young on the passing of his brother Ted Young

WE GRATEFULLY ACKNOWLEDGE THE FOLLOWING DONATIONS MADE TO TBO/BT DURING THE MONTH OF SEPTEMBER:
 (To make a donation in memory of a loved one or in honor of a special occasion, call the temple office at 732-381-8403x11 or email tbethor@gmail.com.)

GENERAL FUND:
 Gitta Harel in memory of Gary Barr
 Debbie & Frank Butterfield in memory of Harold Presser
 Betty Schwarz for speedy recovery to Pauline Feibush
 David Makow in memory of Martin Makow
 Sol & Beverly Elsner in memory of Ted Young
SOL SERN MEMORIAL FUND:
 Anonymous

Yahrzeit Fund

Florence Bernstein	Yuli Vaidman
Dr. Arthur Millman	Janice Hymanson
Sol Elsner	Sharon Klurman
Thomas Kohn	Eva Silbert
Selma Kestenbaum	Clara Weinstein
William Bess	Gene Berry
Karen Bess	Marilyn Weinstein
Bess Berg	Blanche Mandell
Judith Hurok	Shirley Coppleson
Ida Breitbart	Blanche Singer

ONEGS & KIDDUSHES SPONSORED BY:
 Congregation, Sisterhood, Men's Club
 Karen & Ian Langer, in honor of Steven's trip to Israel

December

Happy Anniversary!

Martin & Estelle Edelman
Stanley & Cynthia Glasser
Joel & Sandy Glassman
Seymour & Verna Lemberg
George & Evelyn Schisler

Happy Birthday!

Daniel Brotman	Roberta Makow
Joshua Cammy	Barbara Muhlgeier
Marvin Edelman	Betty Needleman
Howard Horn	Freida Posnock
Thomas Kohn	Adele Pressman
Natty Lapidus	Barbara Seltzer
Steven Leibowitz	Koresh Sion
Sylvia Lipson	Andrea Shavit
Wendy Mandelbaum	Stephanie Weiner

Yes, We Care Soup Kitchen
A Non-Profit Organization

We need your help! Over the years our student volunteers have graduated and moved away. Please come and help us make sandwiches
Monday evenings at 5:00 pm at
 Zion Lutheran Church
 559 Raritan Road, Clark, NJ
 Call Arlene Fineman, 908-403-6554, for further details.
 Time commitment is less than an hour.
Yes, We Care Soup Kitchen continues to collect canned goods. Please leave them in the box in the temple's lobby.

Temple Beth O'r/Beth Torah has for so many years been an important part of our lives, helping us to celebrate simchas, and providing us with an extended family for support and comfort in difficult times. Would you please consider providing a generous bequest in your will so that our "House of Light & Torah" can serve the needs of generations to come.

We thank you.

FROM THE PRESIDENTS



Below are some of the items reported to our Board of Trustees at the November 14th meeting.

- Cantor Stern delivered a D'var Torah discussing the many ways our congregants fulfill the mitzvah of doing Chesed, i.e. Acts of Loving Kindness.
- The following was received from David Brown of Israel Bonds.
 "This year's Yom Kippur Appeal for Israel Bonds at your synagogue produced 50 purchasers with combined commitments of \$66,450. This is the highest number of purchasers and dollar amount in 7 years. Temple Beth O'r/Beth Torah has one of the highest participation rates in our region."
 Yasher Koach to Ed Leibowitz for his Israel Bonds' Appeal on Yom Kippur.
- Our annual coat drive resulted in many warm coats in good condition which were distributed to people in need by the "Yes, We Care Soup Kitchen."
- The increasing number of hungry people in our country has prompted a drive by the "Fighting Poverty with Faith Mobilization" to bring this problem to an end. After Havdalah on Saturday evening, November 12, Marc Schlesinger presented a documentary, "Food Stamped." Many attendees brought food donations which were distributed by the "Yes, We Care Soup Kitchen."
- Our annual Yizkor, Kol Nidre pledges and ticket sales were greater than last year and we remain in good

financial condition.

- The December 3rd fund raiser, an interactive Murder Mystery Dinner entitled, "A Will to Kill" is being very well received and promises to be a financial success.
- The Yaldeinu, Hebrew Academy and Hebrew High classes are progressing nicely.
- The Hebrew School of Temple Beth-El Mekor Chayim continues to run smoothly in our building.
- Men's Club is honoring Michael Roth as Man of the Year 2011 and Daniel Brotman as Youth of the Year 2011 at the annual Regional Men's Club Dinner. Yasher Koach to both!
- The Youth Commission led by Barbara James invites the congregation to the "Café Ivrit" on November 26 at the Kiddush immediately following Shabbat services. This program is funded by a Ma'a lot Grant given to Temple Beth O'r/Beth Torah by United Synagogue. The goal is to promote Israel awareness. To this end our high school and college students who have been to Israel will talk about their experiences and introduce us to the tastes and sights of the country.
- Cantor Stern is offering a tutorial for congregants who wish to learn the skills necessary to read Torah and Haftarah and lead services.
- This year's Mark & Edith Lief lecture on January 22 will feature the "Music of Terezin." The speaker will be Kean University music Professor, Dr. Matthew Halper.
- Our building and grounds were cleared of debris from the recent snow/ice storm thanks to the efforts of Mitch James, Theo Moreines and Michael Roth.

As you can see, there are many facets to our Temple. We invite your active participation.

Edith & Mark Lief Memoril Lecture

January 22, 10:00 am

The Composers of Terezin



Dr. Mathew Halper's presentation will be an introduction to a few of the prominent composers of Terezin and the music they created at the prison - a very modest act of remembrance and bearing witness to their creativity in the face of adversity, and sadly, their tragic ends in Auschwitz.

Dr. Halper is professor of music at Kean University and is Artistic Director of Ars Vitalis, The New Jersey New Music Forum. He has received several awards from ASCAP and is a 2000 & 2006 recipient of a New Jersey State Council on the Arts Individual Artist Fellowship.

The program is free & open to the public. Light breakfast will be served.





SISTERHOOD PRESIDENT'S MESSAGE

Due to the October snow storm, Sisterhood unfortunately had to cancel the October 30 breakfast meeting featuring Linda Coppleson. We hope to have her back next year. Our apologies to any Sisterhood members who came to TBO/BT that morning. The December board meeting scheduled for the 5th is also cancelled. We hope to see

everyone at the December 19 Hanukkah meeting.

We want to thank Jolene Fridson and Sebley Hausler for a wonderful Paid-Up Membership Dinner. Dinner was delicious and, as in the past, Designer Presence did a great job with their accessories fashion show. We appreciate that they donated back part of their sales to Sisterhood. The timing was perfect for Hanukkah shopping.

Sisterhood will be having a talent show on Sunday, April 29. Anyone interested in sharing their talent should contact Louise Cangelosi. Please take a look at the details in the box on this page.

When we think of Hanukkah we think of dreidels, potato latkes, jelly donuts and the menorah with its beautiful candles. What is the connection between candles and spirituality? There is something about a candle that makes it more spiritual than physical. A physical substance, when spread, becomes thin. Spirituality, when spread, expands and grows. When you use something physical, it is diminished. When you give a spiritual gift, the recipient gains, and you lose nothing. This is the spiritual property

Golden Books

To send a Golden Book for any occasion, call:
Joan Oberman (732-381-4322)
Evie Shulman (908-276-6894)
Betty Needleman (908-389-0911)

Cards are sent for \$3.00 and you will receive \$1.50 donor credit, or pick up a pack of 10 cards for \$20.00 with \$10.00 donor credit and send them yourself. They can be picked up from the office.

Special Fund

Donations to Special Fund can be made for any occasion for a minimum donation of \$5.00. You will receive 100% donor credit.
To send a beautiful Special Fund card call:
Fern Cammy (732-549-2652).

that candles share. When you use one candle to light another, the original candle remains bright. Its light is not diminished by being shared; on the contrary, the two candles together enhance each other's brightness and increase light. The more goodness we spread, the more goodness we have. By making a new friend, you become a better friend to your old friends. Keep lighting your candles. There is an endless supply of light in your soul. You will never run out of goodness. We hope you share your goodness by coming out to support Sisterhood functions. (I want to acknowledge Aron Moss on www.chabad.org for some of his insight included in this section of the article.)

Louise Cangelosi

GOLDEN BOOKS

GET WELL

To: Sebley Hausler

From Diane & Michael Goldstein, Judy & Steve Hurok, Iris & Lenny Weiner, Helene & Al Davis, Betty & Mark Needleman, Paul & Paula Hymanson, Louise & Joe Cangelosi, Joleen & Bob Fridson, Sheri & Harvin Freedman

MAZEL TOV

To: Martin Richstein, Honoree of the Torah 5772

From: Claudia & Andrew Dorsch, Lorraine & Milton Loshin, Sebley & Bill Hausler, Louise & Joe Cangelosi, Helene & Michael Miller, Arny & Myrna Young, Allan & Rayna Warner, Evie Shulman, Diane & Michael Goldstein

To: Florence Bernstein on the Bar Mitzvah of her grandson Tyler Miller

From Fern & Joe Cammy, Audrey & Howard Silverman, Claudia & Andrew Dorsch, Arny & Myrna Young
To: Wendy & Kevin Rosenthal on the Bar Mitzvah of their son Jakob

From Fern & Joe Cammy, Michael & Diane Goldstein

To: Michael Shulman on passing the New York Bar

From: Fern & Joe Cammy, Diane, Michael & Amanda Goldstein

To: Joleen & Bob Fridson on the engagement of their son Marc to Erica Silverstein

From: Fern & Joe Cammy, Claudia & Andrew Dorsch, Louise & Joe Cangelosi

CONGRATULATIONS

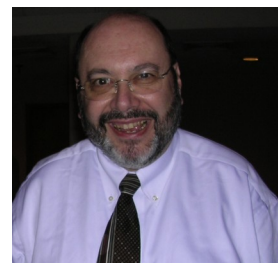
To: Lauren & Bill Falk on the engagement of their son David to Sarah Serwo

From: Helene & Michael Miller, Arnold & Myrna Young, Joanne & David Goldstein

Vouchers:

Shoprite, Pathmark and A&P vouchers are available at Sisterhood functions, and in the temple office.

FROM THE MEN'S CLUB PRESIDENT



Our TBO/BT Men's Club has had another successful month. We joined the Adult Education Group for an interesting presentation. We had a good meeting this month with good participation. We celebrated our Man of the Year, Michael Roth, and Youth of

the Year, Daniel Brotman, with a dinner at the Grand Marquis with over 350 attendees. Our club's past honorees chose our honorees and we thank them for their participation.

We celebrated Veterans Day with a Friday night and Saturday morning service put together by Dr. Michael Miller and featuring Arthur Purdy and a guest speaker, Harold Krevsky. Arthur gave an emotion filled reading of his own poetry about war and Harold regaled us with wartime stories. Members of Men's Club, who are veterans participated.

We will be continuing in December with a special adults Shabbos and our own little Chanukah effort.

I invite every man in the congregation to join Men's Club, come to our monthly meetings, come to a breakfast, mingle, enjoy and learn about our contribution to our temple. We look forward to our World Wide Wrap in February and the Men's Club Retreat in June.

Remember: Don't just be an observer, be a PARTICIPANT in our movement of Conservative Jewish Men.

Harvin Freedman



ISRAELI DANCE for beginners

Tuesday Nights

True beginners at 7:00 pm,
advanced beginners/intermediate 7:45 pm

\$9.00 per class/ \$40 prepaid for 5

Proceeds go to TBO/BT

Led by Elyse Litt 732-396-8299

Dance your way to fun and fitness

♥ Israeli Folk Dance- Good for Your Heart ♥

Physically

♥ *Heart, Muscles, Bones*

Dancing will burn plenty of calories, give you an aerobic workout, and strengthen your bones! Remember to stretch a bit after warming up to avoid injuries.

♥ *It keeps your brain in shape too!*

Learning and memorizing patterns is good for the brain. People who dance are less likely to suffer from Alzheimer's and other brain disorders as they age. Dancers in their 80's and even 90's are still learning new dances!

♥ *The perfect stress-reliever.*

Unlike many activities- like walking on the treadmill- that allow you to think about other activities, dance requires your attention. Some liken dance to Novocaine. For a few hours, you didn't think about your troubles.

Mental Health

♥ *Why is this fun? All those endorphins make for a natural high.*

Folk dancing is easier than other forms of social dancing. You learn the dance ahead of time; when the music starts, just dance and enjoy it. No worries about leading your partner or figuring out the next step; the choreographer has already done that for you.

For those who never liked going to other kinds of dances because they don't know what steps to do next: In IFD, you can practice your skills with circle and line dances- even at home- before moving on and trying couple dances, if that is your desire.

Unlike Zumba, dances and customs at IFD sessions are not much different from one group to another--the dance you learn in NJ will be basically the same in California, Israel or Japan (note- a fun addition to your travels!) If there is a dance you don't like, it's over in about 3 minutes; in other forms of dancing, you may be stuck with a disagreeable song or a partner for up to 10 minutes.

If you start with a beginner's Israeli dance session and stick with it by going once or twice a week a few months, you will learn a lot of dances without much conscious effort---- and have fun doing it.

Happy Dancing!

Elyse Litt

dances.from.the.heart@gmail.com
732.396.8299

Coming soon!

December Chapter Event—December 9th—Shabbat Service & Oneg. Say, “YES” when asked to participate. Bring your friends.

December Regional Event: December 17th—Membership Dance in Bridgewater. Bus info will be sent out soon.

Action required:

Now is the time to sign-up for the summer of a lifetime. Check out the various opportunities to travel with USY at www.usy.org.

International Convention:

December 25–29, IC 2011, Philly. Pre-con 12/23-12/25 in Marlboro. Spend Hanukkah with over 1,000 USYers sharing a fabulous experience!

Looking ahead!

January 14—SATO Dance in Rumson.

March 3rd—Hagalil Regional Junior/Senior Prom at TBOBT.

Happy Birthday:

15—Dan B.

23—Stephanie W.

Your Fearless Leaders:

Dan B.—Pres., Alex C. – Rel/Ed & Exec./IA V.P., Ilana D.—SATO V.P., Steven L.—Freshman Rep and Barbara James—Advisor. No calls on Shabbat or other Jewish Holidays.

CHECK IT OUT: If you have a Jewish friend who isn't a USY member, but wants to check us out—let 'em come to any chapter program! We can't wait to meet them.

Thank you - תודה רבה

Norma & Jack Weinshanker would like to thank all who sent golden books in recognition of their 56th wedding anniversary.

Dear TBO/BT family,

Thank you for the kindness you demonstrated during Gary's illness and the many tributes in his memory. It was and is a great source of comfort to Gary, J-H, Nikki, and me.

Gratefully, Susan Barr, J-H & Nikki

We would like to thank

- Mitch James, Theo Moreines, & Michael Roth for cutting and removing a lot of huge, fallen branches from the temple property. They worked very hard, so that we didn't have to hire a contractor.
- Those who donated canned goods for the Yes, We Care Soup Kitchen Turkey Drive. They will be able to serve more people.



SHABBAT HANUKKAH DINNER

**FRIDAY, DECEMBER 23
AT 6:30 PM**

Cost: \$15 for adults, \$10 for children 13 & under.

**RSVP to the temple office by
Tuesday, December 20.**

SISTERHOOD SCENE

*Sisterhood invites all women
on
Monday, December 19, 8:00 pm
to our*

MEETING & A PRE-CHANUKKAH HANDICRAFT PROGRAM

*We will
hands on
and whether
“crafty” or
go home*



*have a
workshop
you are
not, you will
with a piece*

It should be fun, so come on out!



SISTERHOOD TALENT SHOW WE WANT TO SHOWCASE YOUR TALENT!

Join Sisterhood on **Sunday April 29, 2012 at 7:00 PM** for a Talent Show. Wine, cheese and desserts will be served. Cost is \$18.00 in advance and \$20.00 at the door. RSVP to Louise Cangelosi (732-634-3019 or lgc@comcast.net) or to the office.

Contact Louise if you would like to participate. She will need to know the nature of your talent and approximately how long you will perform in the interest of managing the length of the program. There are no tryouts. We will accept approximately 2 hours worth of entertainment, so don't wait to register. We want to applaud your talent!

Morning Minyan Update!

Our morning Minyan serves our temple community by providing us with a place to pray and say Kaddish for those in mourning and those commemorating a yahrzeit. It's there for us when we need it. Will you do your part to insure that it continues to thrive? Join us for one morning a week, or at least whenever you can. Breakfast is included, so we feed both the body and soul. Thank you!

In the month of December Morning Minyan
will be held in Clark

Monday & Thursday – 6:50 am, Tuesday, Wed., &
Friday – 7:00 am,
Sundays & Holidays - 9:00 am in Clark.
Evening Services are held every day at 7:30 pm in
Cranford.



JUDAICA SHOP NEWS

**Come and see our wonderful
Judaica items!**

The Judaica Shop has some lovely new items: new mug and coaster sets, a tzedakah box shaped like the Eldridge Street Shul, and a beautiful photo album. There are several new mezuzahs. We also have a new supply of “meat” and “dairy” oven mitts. Remember to make the TBO/BT Judaica Shop your first stop for any gift needs. If you don't see what you want, please call Diane Goldstein (908-241-0509) or email her at cowsndlg@aol.com, or contact Louise Cangelosi (732-634-3019) or email her at lgc@comcast.net.

Got a Simcha?

Birthday? Anniversary? Graduation? New grandchild?

Commemorate a Yahrzeit?

**Host a Kiddush at TBO/BT. You can sponsor the entire
Kiddush or be a co-sponsor with a donation of \$18 or more.
Contact Julia at 732-381-8403 x11 or tbethor@gmail.com.**

Happenings at TBO/BT

Havdalah & “Food Stamped” program



Sisterhood Paid-Up Dinner



Joan Oberman is recognized for her 25 years as a Sisterhood member

Regional Men’s Club Dinner



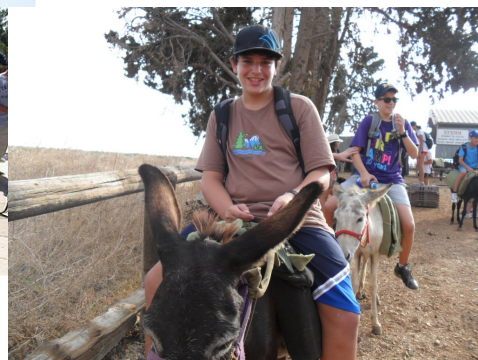
Michael Roth & Daniel Brotman receiving Man & Youth of the Year award



Steven Langer’s trip to Israel



Hertzl Cemetery



Steven with Israeli Soldier

