



Number Attending _____ I/We cannot attend but would like to make a contribution of \$ _____

My/our check payable to TBO/BT in the amount of _____ is enclosed. ☐ Bill Me

Name _____ Phone _____ Email _____

Address _____ City _____ State _____ Zip _____

FROM THE CANTOR



The story is told about the young bride who prepared her first Thanksgiving dinner for her husband by first slicing off and removing the drumsticks to cook them in a separate pan. She explained to her husband that this was how her mother had always prepared the Thanksgiving turkey. “But why?” he insisted on knowing. So she called her mother to inquire. “That’s how bubbe always prepared the turkey, so I’ve always done the same.” The bride and her husband on their next visit to bubbe in Florida made sure to ask about this. Bubbe explained: “Oh my dear, why the answer is simple. My oven was so small, I couldn’t fit the whole bird in without first cutting it up!”

Traditions are to be cherished, whether they originate from within the family or the community. It’s been pointed out that it takes a very large amount of history to make even just a little bit of tradition. But at the same time we must not be slaves to tradition, as the story above suggests. And we should always be open to beginning new traditions that speak to us in our lives and in our time.

Thanksgiving is a time filled with tradition – a favorite recipe for pumpkin pie or sweet potatoes, or the way the turkey is prepared or served. And then there are those traditions that concern what takes place before the meal begins. Here is one that I wish to share with you. Take some time to pause to mention the names of parents, grandparents, uncles, aunts, friends and loved ones with whom you shared Thanksgivings over the years but who are no longer with you. Recall a story, an expression, or a kindness that brings their memories to life. Express gratitude for the joys you shared. And then let everyone around the table say a few words about what they are most thankful for at this time. And finally, offer a heartfelt *beracha* for the bounty of food on the table....

In this way we can truly transform the celebration of Thanksgiving, whose origins may lie with the

Pilgrims of Plymouth, into an occasion that reverberates with the essence of the Jewish values of remembrance and of *hakarat hatov* - of expressing gratitude and appreciation for all the blessings, all the good, and all the people in our lives, past and present, whom we cherish. Jewish tradition teaches that everyday, every moment, is an occasion for thanksgiving. So enjoy and give thanks, on this fourth Thursday of November, with family traditions old and new!

B’vracha,
Cantor Steven Stern.

From the Mailbox

Dear Cantor Stern,

My brother, Jeff, and I would like to make this contribution to Temple Beth O’r/Beth Torah in my mother’s memory and in gratitude for your kindness and that of others in the congregation.

*Best Regards,
Janice Handler*



You are invited to make your Shabbat experience more meaningful by taking part in our services. Chant a haftarah, read from the Torah, lead a service, or offer a dvar Torah. Cantor Stern will help you prepare. Contact him for more details.

FROM THE PRESIDENT



Shalom Fellow Congregants,

How quickly the sands of time slip through the hourglass. It's hard to believe the High Holidays have passed and a New Year has begun. As we begin reading the Torah anew this year, we should realize that each of us has an opportunity to grow.

I am thankful for the efforts put forth to make our holidays a success. A hearty Yasher Koach to all our dedicated congregants.

We are planning other events to keep the momentum going. We are hosting the USY Fall Kinnus Nov. 16th thru Nov. 18th, and the new Bimah Dedication event will be soon. Please remember we are co-sponsoring the 8th Annual Jewish Film Festival, so check the dates in our newsletter. We have planned a trip to the Sands Casino in Pennsylvania on December 24th. Please try to support our TBOBT family in all kinds of events and services.

Our Daily Morning Minyan has been struggling to get a Minyan. I appeal to everyone. Please come, it's a great way to start off the day. If you have any questions about times or dates please feel free to call me. Remember we are an egalitarian congregation so ladies are always welcomed.

Again, as I have said before, "If you like what we are doing tell others, if not, tell us."

Shalom,
Howard M Silverman



**Cantor Stern outside Drumthwacket in Princeton
after clergy meeting with Governor Christie**



**Super Sunday
December 2, 2012
9 a.m.-8 p.m.**

Alex Aidekman Family Jewish Community Campus,
901 Route 10, Whippany, NJ
Wilf Jewish Community Campus, 1391 Martine
Ave., Scotch Plains, NJ

It's your call! Super Sunday is the day the community comes together to raise the funds to support the programs and services that help people in need in Greater MetroWest. Super Sunday is also a wonderful day to repair the world. Make calls, donate blood, contribute to the food drive, and help make Hanukkah a little brighter for someone in need. Plus, Rock and Wrap community service project with a live DJ, Judaica vendors, and blowout teen/college call session. To volunteer and/or for information visit www.jfedgmw.org/supersunday or call (973) 929-3010.

**Join us for a day of fun at the
Sands Casino,
Bethlehem, PA**



**Monday
December 24.**

A bus will leave from the Shul parking lot at 10:00 am and return between 5 and 6 pm.

Cost is only \$30.00 and includes roundtrip bus transportation, \$20.00 in slot play and a \$5 food voucher.

We will fill up quickly, so make your reservation today.

Any questions, please call Howard Silverman at 732-499-0439.



SISTERHOOD PRESIDENT'S MESSAGE

Sisterhood's first meeting on October 15 was a huge success. Approximately 30 women came out on a truly dark and stormy night to hear Joyce Simmons speak about vintage costume jewelry. She was a dynamic speaker and everyone enjoyed the information she provided. Several women brought their own jewelry and she gave them a little history about

their own pieces. Yasher koach to Sebley Hausler for bringing Joyce to us.

I also want to thank Debbie Freedman for her usual top-notch job with the Sisterhood calendar.

I expect to see many of the women in the Congregation at Sisterhood's Paid-Up Membership dinner on November 19. I am pleased that at this point we have two new members (Andrea Nocks and Malvina Kohn) and two returning members (Elaine Kolker and Diane Bobbins). We look forward to welcoming these women and more new members on November 19.

On Sunday December 2 Sisterhood is offering a very special program open to the entire congregation. Linda Coppleson will be speaking on her journey to becoming a Torah scribe. Please see the details in the boxed article.

Sisterhood is planning a talent show on Sunday, January 6 at 7:00 PM. Again, please see the boxed article for details. We are looking forward to sharing an evening of entertainment with our TBO/BT family.

Golden Books

To send a Golden Book for any occasion, call:
Joan Oberman (732-381-4322)
Evie Shulman (908-276-6894)
Betty Needleman (908-389-0911)

Cards are sent for \$3.00 and you will receive \$1.50 donor credit, or pick up a pack of 10 cards for \$20.00 with \$15.00 donor credit and send them yourself. They can be picked up from the office.

Special Fund

Donations to Special Fund can be made for any occasion for a minimum donation of \$5.00. You will receive 100% donor credit.
To send a beautiful Special Fund card call:
Gene Berry (732-388-3453).

On November 22 we will celebrate Thanksgiving. It is quintessentially American, religious without being denominational and it is based entirely on one of the most important and noble traits a human being can have - gratitude. I am grateful that as a Jew I have the freedom to practice my religion openly and no matter how bleak things look, I am glad to be in the United States. Our family tradition is to go around the table and let everyone tell one thing they are grateful for. In addition to my family and friends I am grateful to be part of the TBO/BT family which has added an extra dimension to my life.

My co-presidents join me in wishing everyone a Happy Thanksgiving.

Louise Cangelosi



JUDAICA SHOP NEWS

Chanukah starts on December 9th this year (first candle Dec. 8th). Do you have your menorah? Candles? Dreidels? Gifts for the children and grandchildren? Why not consider the temple gift shop for your Chanukah needs! We have books and toys for the kids, books and jewelry for the adults, and an assortment of menorahs. Happy Chanukah! Nancy Kelner – 908-272-9072 – nkelner@aol.com

Nancy Kelner

Vouchers:

Shoprite, Pathmark and A&P vouchers are available at Sisterhood functions, and in the temple office.

**SISTERHOOD
PAID-UP MEMBERSHIP DINNER
MONDAY, NOVEMBER 19 AT 6:00 PM**
(Please note the corrected date)

*Biblical Beauty:
Ancient Secrets and Modern Solutions*
By author Rachelle Weisberger

Couvert \$32 (annual dues) paid in advance or at the door.

For reservations please call Joleen Fridson (908)755-8087 or Sebley Hausler (732)388-8060 by November 7.

SISTERHOOD SCENE

SAVE THE DATE! DECEMBER 2, at 9:45 AM

Sisterhood is pleased to have Linda Coppleson as our guest speaker.

She is one of approximately 50 female Torah scribes in the United States and Israel. Linda was already an accomplished Jewish educator, artist and calligrapher when she began the journey to become a soferet about 10 years ago. Join us as she shares this journey with us. Linda is a teacher at the Golda Och Academy - a Solomon Schechter day school in West Orange.

The entire congregation is welcome.

Please RSVP to the office or Louise Cangelosi (732-634-3019; lge@comcast.net) or Sebley Hausler (732-388-8060; billh02@hotmail.com).

HANUKKAH BOUTIQUE

Following Linda Coppleson's presentation Sisterhood will be hosting a Hanukkah Boutique presented by Designs by Diane. This will give everyone a chance to buy something unique for that special someone (or for themselves!). A variety of handbags, jewelry and accessories will be available. A portion of every sale will be donated to Sisterhood.

To: Parents of College Students:

Keep your college children (whether living at home or away) connected with their heritage and the TBO/BT community! Include your child (ren) on Sisterhood's College Outreach mailing list and we will contact them with a note and gift at Hanukkah and Purim time. Return the form to the temple by 11/19/10 to be part of this program.

Note: Hanukkah gift will be delivered to home address.

This program is not for students studying abroad or graduate students.

Student's Name _____

Home Address _____

Home Phone _____

College Address _____

College E-mail _____

Grade (circle one) Freshman Sophomore Junior Senior

Eighth Annual Jewish Film Festival

Co-sponsored by Temple Beth O'r/Beth Torah, & the JCC

Monday, November 5, 7:30 pm - *Follow Me: The Yoni Netanyahu Story*

Thursday, November 15, 7:30 pm - *Kaddish For A Friend*

Take a flyer in the

In advance:

\$12 JCC members/ seniors*/ students/
sponsor organizations

\$14 General Public

At the door: \$15

Series Subscriber (1 ticket for each

film):

\$55 Members/ seniors*/ students/ sponsor

All films will be at

AMC Mountainside

10 Theatre

1021 Route 22 East,

Mountainside, NJ

Yes, We Care Soup Kitchen, Inc.

A Non- Profit Organization

We need your help! Over the years our student volunteers have graduated and moved away. Please come and help us make sandwiches

Monday evenings at 5:30pm at

Zion Lutheran Church

559 Raritan Road, Clark, NJ

**Call Arlene Fineman, 908-403-6554,
for further details.**

Time commitment is less than an hour.

Yes, We Care Soup Kitchen continues to collect canned goods. Please leave them in the box in

FROM THE MEN'S CLUB PRESIDENT

Wow, Rosh Hashanah, Yom Kippur, Sukkot, Hoshanah Rabbah, Shemini Atzeret, and finally, Simchas Torah! What a month Tishrei is. Often referred as the month of holidays. Followed by Cheshvan or Marcheshvan, a month without any holidays! What a difference. However, we do have some celebrations.

Starting on November 7, we have the annual, Northern NJ Region's Man of the Year/Youth of the Year program at the Grand Marquis in Old Bridge. We only have a Youth of the Year, Ilana Dorsch. It would be tremendous to show Ilana our support as she receives her honor. The cost is \$54.00, same as last year. Call either Paul Hymanson (908-233-8145), Jay Schlesinger (732-548-7132) or me (908-265-4570) to reserve your spot at this signature event.

We continue on November 10 with our Veterans' Shabbat Program, honoring all who have served in war and peace. Arthur Purdy will be reading some of the poetry he has written. More information will be forthcoming in the mail and by phone.

Our project to redo the parking lot lines is moving forward. We are purchasing the paint and will announce the dates we will be doing this. If you would like to join with us, please call either of our co-executive VP's, William (Bill) Hausler or Theo Moreines to offer your help.

I am still calling all eligible men. If you have not sent in your dues for July 1, 2012 to June 30, 2013, fiscal year, please do so soon. Your dues form the foundation for our award winning programming.

Before closing November, we will celebrate Thanksgiving. As we do, let's remember to also help those who need assistance. And let's remember, we also support the *Yes*,

MEN'S CLUB SUNDAY BREAKFAST

DECEMBER 9, 2012

**Minyan - 9:00 am, breakfast - 9:45am,
talk -10:10am**

Come hear Dr. Betty Needleman discuss her travel from Warsaw, through Lublin and then Krakov. She also visited the Jewish communities along the way, as well as concentration camps, cemeteries, museums, shuls and shtetles - including the town her parents came from. Join us!

We Care Soup Kitchen by volunteering or by making donations.

The last item for November is that we will be remembering our mentor, our friend and teacher, Morris Roth, with a leaf on our Tree of Life. We wish Morris's family no more sorrows, only simchas in the future. Rest in peace Morris, and shalom.

B'vracha,

Respectfully submitted by,
Michael F. Goldstein

TBO/BT Men's Club will be sponsoring a USA Veteran's Shabbat on November 10th.

Michael W. Miller is seeking additions for the Honor Roll of Men and Women who have served. This includes people who are deceased. We need name, rank, branch of service, unit, location and years of service.

Call 908-233-9624 or e-mail s-mmiller@juno.com before October 26th. Current list is posted on Men's Club Bulletin Board.

What's Up for Shabbat in November?

Dress Down Shabbat

Come casual for our Shabbat services on Friday and Saturday, November 23 & 24.

Simcha Shabbat

We will celebrate all birthdays and anniversaries in the month of November on Friday, November 30. Come for a blessing and share your simcha with your TBO/BT family!

Combined Morning Minyan

In November morning Minyan is held in
Cranford

Monday & Thursday – 6:50 am, Tuesday, Wed., &
Friday – 7:00 am,
Sundays & Holidays - 9:00 am in Clark.

Evening Services are held every day at 7:30 pm in
Cranford.

Hebrew School in the Sukkah



Our volunteers assembling our chuppah for Simchat Torah

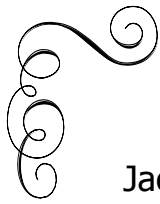
Thank you to Joe Cammy, Dr. Michael W. Miller, Ed Miretskiy, Theo Moreines and Howard Silverman for erecting our beautiful chuppah (wedding canopy) for use on Simchat Torah.

The traditional Jewish wedding ceremony takes place under the chuppah. This wedding canopy symbolizes the home that the new couple will build together. It is open on all sides, just as Abraham and Sarah had their tent open on all sides to welcome people in unconditional hospitality. Temple Beth O'r/Beth Torah is very fortunate to own a unique, one of a kind wedding chuppah which was designed specifically for us by an artist and lovingly executed in beautiful needlework by many of our women.

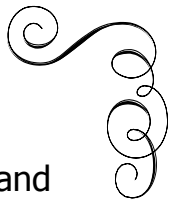
In addition to couples being married under our chuppah, it is also used on Simchat Torah as part of the ceremony honoring our brides and grooms of the Torah. On Simchat Torah 5773 we honored Walter Newman, Michael Vogel and Norma Weinshanker.

Our chuppah is on display in the cabinet to the right of the Bima. The next time you are in temple take a moment to admire it and see how beautifully it blends with our stunning new Bima Window Wall.





REFUAH SLEMA TO:
Ian Langer, Edward Plymack



MAZEL TOV TO:
Jack & Norma Weinshanker on the marriage of their son Joel to Chelsea, and
the marriage of their grandson Nadav Masad to Lior

CONDOLENCES TO:
Kenneth Davidson on the passing of his grandmother Rachel Davidson
Theodore Moreines on the passing of his grandmother

**WE GRATEFULLY ACKNOWLEDGE THE FOLLOWING DONATIONS MADE TO
TBO/BT DURING THE MONTH OF OCTOBER:**
(To make a donation in memory of a loved one or in honor of a special occasion, call the temple office at
732-381-8403x11 or email tbethor@gmail.com.)

CANTOR'S DISCRETIONARY FUND:

Elaine & Bob Kolker

Jerome & Lola Baron, in appreciation

GENERAL FUND:

Stacey Sern & Jonathan Greenberg, in gratitude to Joan Oberman

Elaine Gilbert, in memory of Morris Roth

Stan & Fay Fink, in memory of Morris Roth

Myrna & Arnold Young, in memory of Rose Handler

Janice & Jeff Handler, in appreciation and in memory of their mother Rose Handler

SOL SERN FUND:

Anonymous

YAHREZEIT FUND

Susan Barr

Norma Sheld

Stewart Sherman

Malvina Kohn

Jordan Vogel

Adele Pressman

Natty Lapidus

Bernice Gola

Diane Bobbins

Sylvia Lipson

Naomi Silbert

Seymour Vogel

Bernice Gola

Fred Fischer

Elsa & David Wexler

Paul Hymanson

Herbert Hymanson

Bess Berg

Margaret Bank

Yuli Vaidman

Thomas Kohn

Thank you - תודה רבה

Sylvia Confino and family would like to thank the temple family for the kind thoughts and expressions of sympathy extended during their recent sorrow.

ONEGS & KIDDUSHES SPONSORED BY:

Congregation, Sisterhood
Walter Newman, Michael Vogel
Norma & Jack Weinshanker

November

Happy Anniversary!

Rick & Stacey Antonucci
Martin & Linda Axelrad
Andrew & Claudia Dorsch
Arnold & Helaine Fries
Theodore & Susan Moreines
David & Joanne Goldstein
Arthur & Adeline Gesten
Chris Pandolfo & Andrea Nocks
Arthur & Thelma Purdy
Howard & Audrey Silverman

Happy Birthday!

Reed Altholz	Elyse Litt
Linda Axelrad	Adele Marcus
Lola Baron	Jack Marcus
Alvin Barr	Susan Moreines
Julia Bloom	Joan Oberman
Fern Cammy	Ryan Richstein
Joseph Cammy	Michael Rockliff
Linda Cohen	Judy Rubin
Harvin Freedman	Laurie Saks
Helaine Fries	Gertrude Schloff
Eric Heidelberger	Mollie Serell
Soleiman Kashanian	Claire Warech

VOLUNTEERS NEEDED

Hagalil's USY Fall Kinnus is coming to TBOBT! We need you!

About USY: USY is a national youth group organization for high school students. The USY Fall Kinnus is a convention for the entire Hagalil Region, which contains all USY chapters in New Jersey. During the Fall Kinnus the USYers will be attending ALL Shabbat services, engage in formal learning, and have other activities to promote interaction among their Jewish peers.

About Housing: You will be housing boys or girls in your homes. In general, the USYers bring sleeping bags and will be grateful for simply a floor to sleep on and a shower in the morning. All meals (except a cold breakfast Saturday morning) will be provided at the synagogue. Part of the housing commitment is a willingness to drive your USYers. There will be various times throughout the weekend, before and after Shabbat, when you will need to provide transportation for those in your house. If you live very close to the synagogue it is suitable to walk and then escort the USYers to your home.

About Convention and Other Ways to Volunteer: The Shabbaton will be from November 16th to 18th. Approximately 250 USYers and staff members will be in attendance. Aside from the need for housing, it is vital to have volunteers throughout the weekend. We are asking all temple members to get involved. There are many ways to do so.

A Message from CLUSY (Clark USY) and the Youth Committee: TBOBT is ecstatic to be the host chapter for this wonderful event. We strongly believe that by housing and volunteering throughout this weekend we will not only provide a rewarding experience for the USYers, but it will definitely be a memorable experience for all who participate by volunteering. Our community is truly welcoming and a fine example for other Jewish congregations throughout New Jersey. It is apparent that we need the help and dedication of the entire congregation. We truly take pride in the TBOBT Jewish community, so please help us open our wonderful home of light and learning to all who attend.

**LET'S ALL HELP OUT NOW TO ENSURE A STRONG JEWISH PEOPLE
L'DOR VA'DOR, FROM GENERATION TO GENERATION!**

NAME: _____

ADDRESS: _____

PHONE: _____ E-MAIL: _____

☐ I am interested in housing _____ # girls or _____ # boys for the USY Fall Kinnus

☐ I can help with setup/breakdown during the weekend.

☐ I can serve food during the weekend (circle all that apply)
Fri. dinner Sat. lunch Sat. dinner Sun. breakfast

☐ I can chaperone in the building (circle all that apply)
Fri. night Sat. throughout the day Sun. morning

☐ Check here if there is a cat/dog in your home

☐ Check here if you are within walking distance of TBOBT

*Please return to the temple office by 11/01
Attention: USY (B. James)
Questions???bjames018@hotmail.com*



Book Discussion

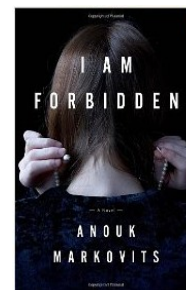
"The Lost Wife" by
Alison Richman

Sunday, November 11 at
10:00 am

One Book/One Jewish Community event at JCC of Central NJ

December 18, 2012

"I am Forbidden" by
Anouk Markovits



List of TBO/BT Funds for Donations

Prayer Books – Current donation amounts: \$36 to dedicate a Siddur, \$54 to dedicate a Chumash. Please contact the temple office to obtain up-to-date information.

Cantor's Discretionary Fund – is a vehicle by which the Cantor assists individuals and organizations that come to his personal attention in need of additional funds for emergencies, on-going activities or special projects in the US, Israel or anywhere in the world.

Jewish National Fund Trees – certificates can be purchased for all occasions in denominations of \$18. Please contact the temple office, 732-381-8403.

Oneg Shabbat/Kiddush Fund – used for a nosh after Shabbat services. To sponsor an entire Oneg, Kiddush, or Seuda, please contact the temple office, 732-381-8403.

Minyan Breakfast Fund - provides breakfast for the Morning Minyan.

Ritual Fund – is used to purchase religious supplies.

Yahrzeit Fund - It is a tradition to make a donation in memory of deceased loved ones. This fund is used to support all aspects of the synagogue.

Sol Sern Memorial Lecture Fund - is used to provide speakers and refreshments for our annual lecture in memory of Sol Sern.

General Fund – supports all aspects of Temple Beth O'r/Beth Torah.

Bikur Cholim and Chesed Fund - is used on behalf of those who are ill or in need of mitzvot of loving kindness.

Yahrzeit Plaques – Honor your departed loved ones with a permanent yahrzeit memorial plaque in our sanctuary. A light will be lit next to the plaque every year during the week of the Yahrzeit. Cost is \$300.

- Information needed: English & Hebrew names, including the father's and/or mother's Hebrew name, and secular & Hebrew dates of passing.

Sanctuary Seat & Pew Dedication – This project honors or memorializes a dear one with a special plaque mounted on the back of a sanctuary seat. Each plaque costs \$180. Dedication of an entire pew (row) includes a larger plaque inscribed with the family name mounted at the end of the row and two individual seat plaques in that row. The cost of an entire pew dedication is \$1800. Please contact the temple office for forms.

Simcha Tree – Honor your family by dedicating a Leaf (\$180), Rock, or Trunk Letter, on our "Simcha" Tree of Life, for any and all occasions – Births, Weddings, Special Anniversaries or Birthdays, Bar/Bat Mitzvah, or other special honors or events.

JOIN OUR AFFINITY MEMBERSHIP PROGRAM WITH TD BANK AND EARN MONEY FOR TBO/BT.

Open an account at TD Bank and the bank will make a contribution to Temple Beth O'r/Beth Torah. Their annual contribution is based on the average balance in all members' accounts. Checking, savings, money market, CD and retirement accounts are all included in the program.

Contributions are calculated at 1/2% on checking balances and 1/4% on savings, money market, CD and IRA balances. Members' accounts are not affected in any way by this contribution. Your account balances are used to determine the level of contribution and are kept strictly confidential.

If you are already a TD Bank Customer, visit any TD Bank location and ask to have your balances included as part of Temple Beth O'r/Beth Torah's Affinity Membership Program.

Joining the TD Bank Affinity Program is easy. It costs you nothing. It earns money to support the many programs and activities of Temple Beth O'r/Beth Torah. Thank you!



A GIFT FOR THE FUTURE

MAZEL TOV BONDS

A Gift of Mazel Tov Bonds Helps Support Every Aspect of Israel's Economy,
Allowing for Advances in High-Tech, Biotechnology and Communications

INVEST IN ISRAEL BONDS · ISRAELBONDS.COM



David Brown, Registered Representative
Development Corporation for Israel/Israel Bonds
6245 Town Center Way · Livingston, NJ 07039
973.712.1404 · 800.404.3235
david.brown@israelbonds.com



This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in Israel bonds. Issues subject to availability. Member FINRA. Photos: Aleksandr Kutsayev, Corbis, Corbis, iStockphoto.com



ISRAELI DANCE for beginners

Tuesday Nights

True beginners at 7:00 pm,
advanced beginners/intermediate 7:45 pm

\$10.00 per class/ \$45 prepaid for 5

Proceeds go to TBO/BT

Led by Elyse Litt 732-396-8299



ARTHRITIS CLASS

We are planning to start the
class on Wednesday,
October 3
from 6:30 to 7:30 pm.
The final class - Nov.7

Cost

Members: 6 classes in advance - \$36; at the door - \$7 per class

Non members: 6 classes in advance - \$42; at the door: - \$8 per class

Arthritis Exercise was designed
by the Arthritis Foundation.
These gentle exercises will help
you increase your flexibility,
mobility and reduce stress on
joints.

*You don't have to have arthritis
to participate.*



Got a Simcha?

**Birthday? Anniversary? Graduation?
New grandchild?**

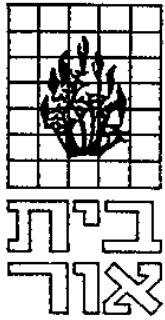
Host a Kiddush at TBO/BT

You can sponsor the entire Kiddush or be a co-
sponsor with a donation of \$18 or more.

Contact Julia at 732-381-8403 x11 or
tbethor@gmail.com.

November 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 16 Cheshvan	2  5:33p 8:00p Services Special Adults 17 Cheshvan	3 9:30a Services 18 Cheshvan
4  Begin standard time 9:00a Morning Minyan 19 Cheshvan	5 7:30p Jewish Film Festival 8:00p Sisterhood Board Meeting 20 Cheshvan	6 21 Cheshvan	7 6:30p Arthritis Class 22 Cheshvan	8 8:00p Men's Club Meeting 23 Cheshvan	9  4:25p 8:00p Services 24 Cheshvan	10 9:30a Services Veterans' Day Shabbat 25 Cheshvan
11 9:00a Morning Minyan 10:00a Book Discussion 26 Cheshvan	12 Veterans' Day 8:00p TBO/BT Board Meeting 27 Cheshvan	13 28 Cheshvan	14 8:00p Ritual Meeting 29 Cheshvan	15 7:00p Men's Club Game Night 7:30p Jewish Film Festival 1 Kislev	16  4:19p 8:00p Services USY Fall Convention 2 Kislev	17 9:30a Services USY Fall Convention 3 Kislev
18 9:00a Morning Minyan USY Fall Convention 4 Kislev	19 6:00p Sisterhooe Paid-Up Memb. Dinner 5 Kislev	20 6 Kislev	21 7 Kislev	22  Thanksgiving Day 8 Kislev	23  4:14p 8:00p Services Dress Down Shabbat 9 Kislev	24 9:30a Services Dress Down Shabbat 10 Kislev
25 9:00a Morning Minyan 11 Kislev	26 8:00p Exec. Board Meeting 12 Kislev	27 13 Kislev	28 14 Kislev	29 15 Kislev	30  4:11p 8:00p Services Simcha Shabbat 16 Kislev	



TEMPLE BETH O'R/BETH TORAH
111 VALLEY ROAD, CLARK NJ 07066
732-381-8403
TBETHOR@GMAIL.COM
WWW.BETHORBETHTORAH.ORG

Change Service Requested

Steven Stern, Spiritual Leader
Howard M. Silverman, President
Jonathan Phillips, Executive Vice-President



TBO/BT still has
cemetery plots at Beth
Israel Cemetery in
Woodbridge available.

Support Our Advertisers

DUNFORD REFRIGERATION,
HEATING AND AIR CONDITIONING, INC.
ICE MACHINE SPECIALIST
SALES & SERVICE

732-494-9106

TEMPLE BETH O'R/BETH TORAH
\$20 OFF BY MENTIONING THIS AD

CANNOT BE COMBINED WITH ANY OTHER OFFERS



King Pin **Hosting & Web Design**
Everything you need in one place!

David Langer
dave@kingpinhosting.com

www.kingpinhosting.com Tel: (908) 288-3116
www.kingpinwebdesign.com Cell: (908) 591-3472

Schieferstein Farm &
Garden Center

est 1903

732-388-3273

393 Madison Hill Road Clark NJ 07066